




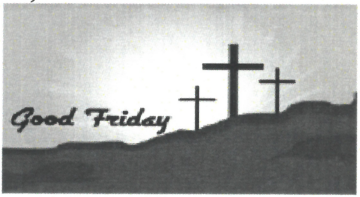





Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1) Polish Sausage</b> Mashed Potatoes Bavarian Sauerkraut Wheat Hot Dog Bun Mandarin Oranges PC Ketchup, Mustard 	<b>2) Roast Pork w/ Gravy</b> Baked Sweet Potato Seasoned Green Beans Wheat Dinner Roll Sliced Pears	<b>3) Ranch Chicken Pasta Salad</b> Garden Salad Muffin Fruited Gelatin w/ Whipped Topping PC Dressing	<b>4) 2 Cheese Manicotti w/ Tomato Sauce</b> Tomato and Cucumber Salad Italian Bread Heavenly Hash
<b>7) Chicken Stew</b> Seasoned Broccoli Biscuit Fresh Grapes	<b>8) Meatball Sub w/ Tomato Sauce and Mozzarella</b> Mashed Squash Spinach Salad Wheat Hot Dog Bun Banana 	<b>9) Greek Chicken Breast</b> Greek Seasoned Rice Seasoned Brussels Sprouts Wheat Bread Sliced Peaches PC Greek Dressing	<b>10) Mushroom Swiss Burger w/ Lettuce, Tomato, Onion</b> Sweet Potato Wedges Seasoned Green Beans Wheat Hamburger Bun Tropical Fruit Cup PC Ketchup, Mustard	<b>11) Tuna Salad Sandwich w/ Lettuce, Tomato, Onion</b> Hearty Vegetable Soup w/ Crackers Broccoli Salad 2 Slices Wheat Bread Fresh Orange 
<b>14) Italian Sausage w/ Peppers and Onions</b> German Potato Salad Mixed Vegetables Wheat Hot Dog Bun Fruited Gelatin w/ Whipped Topping PC Ketchup, Mustard	<b>15) Julienne Salad w/ Turkey, Cheddar Cheese and Croutons</b> Chicken Cannelloni Soup w/ Crackers Biscuit Deluxe Fruit Cup PC Dressing 	<b>16) Easter Meal</b> <b>Glazed Ham</b> Mashed Sweet Potatoes Green Bean Casserole Whole Wheat Dinner Roll Spring Time Coconut Cake	<b>17) Bone-In Pork Chop</b> Mashed Potatoes Seasoned Peas Whole Wheat Bread Banana	<b>18) No Meals Served</b> 
<b>21) BBQ Pork Riblet</b> 3 Bean Salad Seasoned Brussels Sprouts Wheat Hoagie Roll Tropical Fruit Cup	<b>22) Homemade Salisbury Steak w/ Gravy</b> Garlic Mashed Potatoes Seasoned Carrots Whole Wheat Dinner Roll Brownie PC Ketchup 	<b>23) Julienne Salad w/ Ham, Bleu Cheese Crumbles and Croutons</b> Italian Pasta Salad Biscuit Applesauce PC Dressing 	<b>24) Hot Dog w/ Chili Sauce</b> Two-Type Potato Salad Seasoned Cauliflower Wheat Hot Dog Bun Sliced Peaches PC Ketchup, Mustard	<b>25) Chicken Drumstick</b> Baked Beans Coleslaw Rye Bread Mandarin Oranges
<b>28) Homemade Mac and Cheese Casserole</b> California Blend Vegetables Cinnamon Raisin Bread Pineapple 	<b>29) Greek Chicken Pasta Salad</b> Garden Salad Muffin Fresh Orange PC Dressing	<b>30) BBQ Pulled Pork w/ BBQ Sauce and Pickle Chips</b> Potato Salad Coleslaw Wheat Hamburger Bun Fruited Gelatin w/ Whipped Topping	<b>Be sure to check out your local farmer's market for fresh fruits and vegetables!</b>	<b>Deadline to place reservation for Mother's Day Holiday Meal is 4/11!</b>

All meals are served with bread, butter, 1% milk, coffee or tea. Eat Well...Stay Well Lunch Sites are located throughout Niagara County. Call 716-438-4031 for more information.  
Suggested Contribution for meals is \$3.25. Menus are subject to change without notice. This is a Niagara County Office for the Aging Program serving the population age 60 and older.  
Menus approved by Connor Abbott, RD. 2/28/2025 FINAL Copy CA